GOVERNMENT OF INDIA
CULTURE
LOK SABHA

UNSTARRED QUESTION NO:4021
ANSWERED ON:27.03.2017
Promotion of Indian Food Culture
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Will the Minister of CULTURE be pleased to state:

(a) whether the Government is aware that our country has a rich and most unique food cultures in the world;

(b) if so, the details thereof;

(c) whether Indian food aims to balance various requirements of health of a person according to the season in the country and if so, the details thereof;

(d) whether the Government is taking any measures to promote Indian food culture to keep away the diseases of the modern day world; and

(e) if so, the details thereof and the steps taken by the Government in this regard ?

Answer

MINISTER OF STATE (INDEPENDENT CHARGE) FOR CULTURE & TOURISM
(DR. MAHESH SHARMA)

(a) & (b) Government is aware that India has a rich culinary heritage. Most of our traditional food has evolved over centuries, transferred from one generation to the next.

Indian cuisine encompasses a wide variety of regional cuisines native to India. Given the range of diversity in soil type, climate, culture, ethnic group and occupations, these cuisines vary significantly from each other and use locally available spices, herbs, vegetables and fruits. Almost all states have their unique recipes.

(c) Traditional foods are often based on a holistic approach to nutrition, as required by local people. Such food is prepared with locally available ingredients and found to have its own therapeutic and nutritional benefits.

(d) & (e) Government has undertaken following steps to promote Indian food culture:

â€¢Collaborative project on National Directory of Traditional Food Recipes of India has been initiated.
â€¢Launch of book focusing on regional cuisine of India.

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